

Richard Beck
LCSW, BCD, CGP, FAGPA

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PROFESSIONAL EXPERIENCE

PRIVATE PRACTICE- 1993 TO PRESENT

Individual, Couples and Group Psychotherapy, with clinical expertise in working with Trauma in Groups, Relationship Issues, Organizational Consultation, Incest and Sexual Abuse,

NEW YORK PSYCHOTHERAPY AND COUNSELING: 1993 – 2000.

Senior Supervisor. Responsibilities include providing supervision to professional and paraprofessional staff; provided individual and group psychotherapy for the clients of this agency, specializing in treating a multi-cultural, dually diagnosed chronically mentally ill inner-city adults. Additional responsibilities included intake/evaluation of prospective clients, led alcohol-drug recovery groups in English and Spanish

POSTGRADUATE CENTER FOR MENTAL HEALTH REHABILITATION CENTER 1993 – 1996

Individual Therapist. Provided individual therapy in an outpatient clinic for chronically mentally ill adults.

SUPERVISORY EXPERIENCE

Weill Cornell Hospital 2013 – present

Process group leader – Psychiatry Residents

BELLEVUE HOSPITAL 1996 – 1998

Supervisor, Outpatient Group Psychotherapy Department for third year psychiatric residents and Ph.D. Psychology externs for their outpatient therapy groups.

TRAINING INSTITUTE FOR MENTAL HEALTH

Group Supervisor 1999 - 2000

CABRINI HOSPITAL, NEW YORK CITY JUNE 2007-FEBRUARY 2008

Process Group Leader, Psychiatric Residents (PG1's and PG2's)

TEACHING EXPERIENCE

Columbia University School of Social Work

Adjunct Instructor

Treatment of Childhood Sexual Abuse February 2013 - present

Direct Practice with Individuals, Families and Groups, 2016 - present

Fordham University Graduate School of Social Service

Adjunct Professor

Crisis Interventions/Trauma Treatment January 2010 – May 2010

Independent Studies Course: 2009

Psychological Trauma and Psychological First Aid May – July 2009

Interventions in Group January 2008 - present

Clinical Practice I September 2008 – present

Clinical Practice II January 2009 – present

AGPA

Trauma Training Modules taught:

Countertransference:

Masked Trauma

Unique Aspects of the Treatment of Trauma in Group

Bereavement in Group Following Traumatic Events

Postgraduate Center for Mental Health

Group Therapy Department

Termination 1996 – present

Beginning Phase of Group 1996 – 2001

Patient Selection 1996 – 2001

Training Institute for Mental Health

Group Therapy Department 1996 – 2000

Core Issues in Group Psychotherapy
Current Readings in Group Psychotherapy
Tutorial in Group Psychotherapy

Individual Psychoanalytic Program
Psychoanalysis in Group

Eastern Group Psychotherapy Society
Training Program 1999-2000
Working Through the Middle Stage of Group

Long Island Consultation Center 1996 – 1998
Transference
Countertransference
Group Skills of Alcoholism Counseling

PROFESSIONAL AFFILIATIONS

Fellow, American Group Psychotherapy Association
Fellow, New York State Society for Clinical Social Work
Fellow, Eastern Group Psychotherapy Society
Member, Westchester Group Psychotherapy Society
Member, NASW
Member, International Association of Group Psychotherapy and Group Process

Weill Cornell Medical College/New York Presbyterian Hospital
February 2016-present
Lecturer of Social Work in Psychiatry (Voluntary) **Weill Cornell Medicine**
Professional Associate (Psychiatry) - Social Work **New York Presbyterian Hospital**

International Association of Group Psychotherapy and Group Process
Vice-President September 2016 - present
Board of Directors June 2014-present
Chair, Disaster/Trauma Task Force 2012-present
Member, Disaster/Trauma Task Force 2011 - 2012

Eastern Group Psychotherapy Society
Immediate Past President, 2005 - 2006
President, 2003 - 2005
Secretary, 1999 – 2003

Member at Large, 1997 – 1999
Co-Chair, Past-President's Committee 2009-present
Liaison- AGPA Annual Meeting, 2004
Consultant to the AGPA Liaison, 2005
Co-Chair, EGPS Fundraiser Committee 1999 – 2004
Consultant, EGPS Fundraiser Committee, 2005
Co-Chair EGPS Annual Conference Committee 1997- 1999
Chair, International Conference on Group Psychotherapy; EGPS and Group Analytic Society,
London, England, 1999
Co-Chair, Membership Committee, 1997 – 1999
Co-Chair Professional Advisory Service 1997 – 1999

American Group Psychotherapy Association

General Membership Nominating Committee, 2012-2014

Co-Chair, Distance Learning Task Force, 2012 to 2014

Recipient: 2007 Alonso Award for Excellence in Psychodynamic Group Theory

Co-Chair, National Community Outreach Task Force, 2006-2008

Member-at-Large, Board of Directors, 2/06-2009

Trauma Group Therapy, 1000+ hours provided since 9/11,

Treated Survivors, Witnesses and Family Members; Police, Firemen and EMS Workers; Hospital Staff; Therapist Support Groups, Organizations.

Host, 2004 and 2005 AGPA Annual Meeting

Editor, Affiliate Society Column of the Group Circle 2003 – 2007

Representative, AGPA Affiliate Society, 2003 – 2005

Moderator, AGPA Internet Trauma Symposium, Bereavement in Group Following Traumatic Events Oct-Nov 2004

Panelist, AGPA Internet Trauma Symposium, Unique Benefits of Group Treatment for Trauma, 2004.

Volunteer, AGPA Annual Meeting, 1992

Postgraduate Center for Mental Health

Managing Editor, "ISSUES IN GROUP PSYCHOTHERAPY", publication of the Group Department of the Postgraduate Center for Mental Health 1998 – 2007

Special Technical Producer = Audio/Video Committee, Postgraduate Group Alumni Association. Filmed and edited senior group therapists leading demonstration/observation groups for teaching/training purposes. 1996 – 2000.

Chair, Group Department Alumni Association, PGCMH Membership Committee, 1996 – 1999.

New York State Society for Clinical Social Work

Annual Conference Committee 1992 – 2002.

PRESENTATIONS

**2016 October New York University School of Social Work; Fall Common Day Workshop
Presenter: The Influence of Culture on our Interventions in Group Psychotherapy.**

**2016 October Westchester Group Psychotherapy Society; Featured Presenter:
Influences on Interventions in Group Psychotherapy**

**2016 Sept Voices of September 11th. 15th Annual Day of Remembrance
Information Forum:**

Chair: Resilient but Still Healing After All These Years: Group Interventions for Ongoing Recovery, with Panelists Craig Haen, Ph.D, Madelyn Miller, Pd.D., LCSW, Suzanne B. Phillips, PsyD, and Katherine Hubbs Ulman, Ph.D

Round Table Discussion Leader: Giving Voice, Bearing Witness and Getting Support

2016 June **Groups Between Worlds and Cultures, Granada, Spain**,
Trauma and Disaster Management in Groups: When, How and for Whom

2016 February **EGPS Brooklyn Discussion Group**: Saving Face: When Culture Colludes Against Healing

2015 February **Women's Association of Addiction Treatment, Westchester Division**
Trauma and Addiction

2014 December - **New York Presbyterian Hospital, Westchester Division**
Techniques to recognize and work through Secondary Traumatic Stress

2014 December – **Grief Relief Cable TV Show**
Trauma Expert: Finding Hope After Multiple Deaths

2012 Fordham University Presentation: Self-Care: The Heart of the Effective Social Worker

2014 Mt. Sinai Colloquium Presentation;
Only the Lonely: Trauma and Group Identity

2012 Mt. Sinai Colloquium Presentation;
Care for Caregivers: From Despair to Hope and Resiliency

Boston/Threshold Group Conference
Belfast Ireland, August 2011
TRAINING GROUP LEADER

Boston/Threshold Group Conference

Belfast Ireland, August 2010

Training Group Leader

International Association of Group Psychotherapy

Rovinj, Croatia August/September 2015

Invited Pre-Congress Institute Leader:

Saving Face: When Culture Colludes Against Healing

Workshop Panelist:

Idealization, Trauma and Group Identity - Reflection on Ex Yugoslavia **Countries**

Workshop Leader:

Saving Face: When Culture Colludes Against Healing- Cultural Responses in Group

University of Pretoria, South Africa March 2015

2nd African Regional Conference:

Groups crossing boundaries: co-creating spaces for transformative change.

Workshop Leader: Trauma, Group and Self-Care

Royal Holloway University, United Kingdom, August 27th-Sept. 1st, 2014

Empowering Practice: Integrating Psychodrama and Other Therapies

Workshop Leader, "Self Care: The Heart of the Therapist"

Sarajevo, Bosnia-Herzegovina, May 9-11th, 2014

Trauma and Group Identity

Lecturer, "Only the Lonely: Trauma and Group Identity-"

Small Group Leader

Cartegana, Columbia, July 2012

Chair: When Disaster Strikes

Rome, Italy August, 2009

Panel Presentation: Peer Supervision

Panel Presentation: Psychological Trauma and It's Impact on the Clinician

Sao Paulo, Brazil, August 2007

The Impact of Treating Trauma on the Therapist.

Mid-Atlantic Group Psychotherapy Society:

Invited Small Process Group Leader, November 2004

Louisiana Group Psychotherapy Society:

April 2005 Invited Small Group Process Leader Spring Conference

October 2005 Small Group Process Leader: Helping the Helper Workshop Post Hurricanes Katrina and Rita

The Open to Hope Foundation.

Recovering from a Traumatic Event. October 2008

Radio interview with Drs. Gloria and Heidi Horsley.

American Group Psychotherapy Association

2014 Annual Meeting Faculty, Open Session, Reverberation of Trauma: Recollections of Three Group Therapists.

2013 Annual Meeting Faculty, Open Session, Katrina Remembers; Death Knows No Gender

2012 Annual Meeting Faculty, Special Interest Process Group; Care for Caregivers: From Despair to Hope and Resiliency

2012 Annual Meeting Faculty, 2 Day Trauma Course; Working with Anniversary Reactions

2011 Annual Meeting Faculty, 2 Day Trauma Course; Working with Anniversary Reactions

2011 AGPA TELECOURSE: CARE FOR THE CAREGIVER

2010 Moderator, Distance Learning Telecourse, :The Contributions of Self Psychology to Group Psychotherapy

2010 Annual Meeting Faculty, Special Interest Group: Working with Returning Veterans.

2010 Annual Meeting Faculty, 2 Day Trauma Protocol Course: Working with Traumatized Adults

2009 Faculty, AGPA Distance Learning Telecourse(s):

The Rationale and Use of Group in the Aftermath of Trauma and Disaster

Group Interventions across Communities, Organizations and Diverse Cultures in the Aftermath of Trauma and Disaster

Care of the Caregivers: Group Interventions to Reduce Secondary PTSD and Vicarious Traumatization.

2009 Annual Meeting Faculty , Process Group Leader

2009 Annual Meeting Faculty, 2 Day Trauma Protocol Course: Working with Traumatized Adults

2008 Annual Meeting Faculty, 2 Day Trauma Protocol Course: Working with Traumatized Adults

2008, National Instructor Designate Institute Attendee, by invitation only.

2007: Lecturer and Demonstration Group Leader for the New England Mental Health Consortium, with Kathleen Hubbs Ulman, Ph.D, on Lessons Learned Working with Witnesses, Family Members and Survivors of Traumatic Events.

2007 Interfaith Conference Lecturer and Group Leader, NYC Interfaith Ministers

2007: Annual Meeting: Co-leader and Demonstration Group Leader: Witnesses, Survivors and Family Members after Traumatic Events

2007: Annual Meeting: Co-Leader and Demonstration Group Leader: Traumatic Countertransference

2007:Annual Meeting: Co-leader and Demonstration Group Leader: Group Psychological First Aide

2006 SAMSHA Conference participation and networking for Community Outreach

2004: Annual Meeting: Panel Presentation: Lesson's learned from Working With Survivors, Witnesses and Family members after Traumatic Events

2004, Chair, Masters Circle – featuring Isaac Youcha, AGPA Annual Meeting

2004,Panelist: Group Treatment of Trauma for Survivors, Witnesses and Family Members, AGPA Annual Meeting

Eastern Group Psychotherapy Society

2011 Annual Meeting Faculty; Self-Disclosure in Group Therapy

2010 Annual Meeting Faculty; Difficulty Moments in Group Therapy

2009 Professional Discussion Group Leader:
When Healing Hurts: Working with Psychological Trauma

2007 Moderator: Annual Conference Opening Plenary: Spirituality, Mind and Body

2007 Honored by EGPS for contributions to EGPS and the field of Group Therapy

Moderator: Annual Conference Opening Plenary:

2005 Annual Conference, Moderator, Master's Circle: Learning from the Experience of Senior Group Therapists

2004 Annual Conference, Living Life After Trauma, A Group to Help the Helpers.

2004 Long Island Discussion Group of EGPS, Termination in Group

2001, Annual Conference, Termination in Group

2006 **Psychoanalytic Center for the Study of the Self:**

Panel Presentation-Therapist Secondary Trauma; .with Anna Ornstein and Esther Stone

Beck, R (1998), "Trauma and the Group Psychotherapist: Working with Male Survivors of Childhood Incest and Sexual Abuse" ISSUES, Publication of the Postgraduate Center for Mental Health, Fall 1998, Vol 2, No.1

Westchester Group Psychotherapy Society

2004 Presentation, The Internet as a Container for Trauma Work

Northeastern Group Psychotherapy Society

2012 Experiential Process Group Leaser: Self Care- The Heart of the Effective Group Therapist

2010 Workshop Faculty

Responding to Traumatic Events with Group Interventions

2006 The Rice Memorial Fund & the Northeastern Society for Group Psychotherapy

Group Interventions in Disaster Relief Efforts: A Training Seminar for Group Therapists
Massachusetts General Hospital/ Clinics 3 Upper Amphitheater

Demonstration Group Co-Leader with Dr. Suzanne Phillips
Group Psychological First Aid
Panel Presentation:
The Group Therapist's Secondary Trauma

NASW, New York City Chapter

2004, Group Treatment of Trauma: Demonstration Group Leader

San Diego Group Psychotherapy Society

2006, Becoming a Group Psychotherapist

2007, Treating Survivors, Witnesses, and Family Members Post-Disaster

Postgraduate Center for Mental Health

2003, Treatment of Trauma in Group.

1999, Another Day in the Magic Ballroom: Group Psychotherapy with the Chronically Mentally Ill.

New York State Society for Clinical Social Work

1998, Annual Conference, Shame and the Group Treatment of Male Incest Survivors

2000, Moderator, Sexuality in Group

2010 The When Healing Hurts: Listening to Trauma in Group

Training Institute for Mental Health

Training Institute for Mental Health: "When Healing Hurts: The Impact of Listening to Trauma". February 2008

1999, Consultant and Group Leader; Facilitating Vulnerability in Group: the Leaders Role in Deepening the Group Process

1999, Dreams, Fantasies and Unconscious Thoughts: A Supervisory and Experiential Workshop

Long Island Consultation Center

1998, Demonstration Group Leader

Trauma and the Group Therapist: Group Therapy with Male Incest Survivors

PUBLICATIONS

Beck, R. 2016. "Only the Lonely: Trauma and Group Identity" in 101 Interventions in Group Psychotherapy, 2nd Edition. Routledge: New York and London

Beck, R., 2012 Care for the Caregiver. John Wiley & Sons, Ltd: West Sussex, UK

Beck, R., (in press) Death Knows No Gender, in Desire, Passion and Gender

Beck, R, 2007. When Boundaries Breathe, in 101 Interventions in Group Psychotherapy, Haworth Press: New York and London.

Beck, R, 2007. En Mi Viejo San Juan (In my old San Juan), in 101 Interventions in Group Psychotherapy, Hawarth Press: New York and London.

Beck, R, 2008, AGPA Trauma Protocol, Group Treatment of Survivors, Witnesses and Family Members of Traumatic Events. AGPA: New York

Beck, R., 2005, AGPA Trauma Treatment Module, "The Unique Benefit of Group Treatment of Trauma". AGPA. New York

Beck, R and Buchele, B (2005) "In the Belly of the Beast: Traumatic Countertransference", International Journal of Group Psychotherapy, 51,1

Beck, R (1998), "Trauma and the Group Psychotherapist: Working with Male Survivors of Childhood Incest and Sexual Abuse" ISSUES, Publication of the Postgraduate Center for Mental Health, Fall 1998, Vol 2, No.1

Review of 1999 Annual NYSSCSW Conference, “Destructive and Healing Aspects Of Love and Hate in Therapy” in The Clinician, newsletter of the New York State Society of Clinical Social Work

“Patience”, in TOGETHER, publication of the Postgraduate Center for Mental Health, Fall 1998, Vol 5, No.2

Beck, R, “1998 Group Retreat”, review of the PGC Group Department’s Annual Retreat, in Insight, The Psychoanalytic Institute of the Postgraduate Center for Mental Health, Vol 1, issue 3, Winter, 1998”

Beck, R, “1998 EGPS Conference Review”, in the EGPS News, 1998 issue

Beck, R, “1997 AGPA Conference Review”, in The EGPS News, Fall 1997 Issue.

Beck, R, “1997 Group Retreat”, review of the PGC Group Department’s Retreat, in Insight, the Psychoanalytic Institute of the Postgraduate Center for Mental Health, Winter 1997

Beck, R and Stone, L, “1996 Group Retreat”, review of the Group Department of the Postgraduate Center’s Group Department Annual Retreat, in Insight, the Psychoanalytic Institute of the Postgraduate Center for Mental Health, vol 1, Spring 1997

Review of Joyce Edwards’ discussion of keynote presentation by Dr. Nooran and Dr. Goldstein – 1997 Joint Conference – NYSSCSW and the doctoral program of NYU School of Social Work, in the Clinician, newsletter of NYSSCSW.

Review of the 1998 Annual Conference of the New York State Society for Clinical Social Work Conference, “Secrets and Lies”, in The Clinician, Newsletter of the NYSSCSW

Review of the 1996 Annual Conference of the NYSSCSW, “The Forgotten Father: Intrapsychic, Cultural and Familial Implications” in The Clinician

Review of the 1995 Annual Conference of the NYSSCSW, “The Nature of Change in Psychotherapy” in The Forum, newsletter of the Metropolitan Chapter of the New York State Society of Clinical Social Work.

Review of the 1992 Annual Conference of the NYSSCSW, “The Power of Groups” in The EGPS News, Newsletter of the Eastern Group Psychotherapy Society.

EDUCATION

Fellow, AGPA, 2004

BCD, 1999

R-CSW, 1999

Postgraduate Center for Mental Health
Analytic Group Psychotherapy Training Program 1994 – 1996

Certificate in Analytic Group Therapy, 1996

Certified Group Psychotherapist, 1997

CSW, 1993

Postgraduate Center for Mental Health
Basic Curriculum in Group Psychotherapy 1993

Training Institute for Mental Health
Developing Safety and Trust in Group, 1992

Leadership Styles and Interventions, 1993

MSW, Fordham University, 1993
Chair, Student Government, 1992-1993

St. Peter's College, Jersey City, NJ
BS, Biology, Magna Cum Laude, 1975